

# PROSTATE CANCER TREATMENT IS PERSONAL

## What to expect from your treatment discussion:

- 1** Your healthcare provider will start by asking you some questions
- 2** Be sure to ask about anything that is unclear; some helpful examples are listed below
- 3** Use the goals map on the back to learn why ERLEADA<sup>®</sup> may be an option to add to your androgen deprivation therapy (ADT)



- What are the treatment options that may help me reach my goals?
- Are there any nonchemotherapy options?
- What are my options if I have trouble swallowing tablets whole?
- Will adding a treatment to ADT help me live longer?
- What are the side effects of adding a treatment to ADT?
- Are there resources to help me understand insurance and how much I may pay for medication?
- What will my quality of life be if we add a treatment to ADT?

**OPEN TO LEARN MORE ABOUT SAVINGS AND SUPPORT OFFERINGS FOR ERLEADA<sup>®</sup>**

### What is ERLEADA<sup>®</sup>?

ERLEADA<sup>®</sup> (apalutamide) is a prescription medicine used for the treatment of prostate cancer:

- that has spread to other parts of the body and still responds to a medical or surgical treatment that lowers testosterone,
- OR**
- that has not spread to other parts of the body and no longer responds to a medical or surgical treatment that lowers testosterone.

It is not known if ERLEADA<sup>®</sup> is safe and effective in females.

It is not known if ERLEADA<sup>®</sup> is safe and effective in children.

# ERLEADA® & YOU



I don't want to be on chemotherapy or have to visit an office for treatment

## ERLEADA® IS NOT CHEMOTHERAPY

Take it from home or on the go. No need for chemotherapy while taking. May also delay the start of chemotherapy



I want a treatment option that works with ADT to help me live longer

## BETTER THAN ADT ALONE

ERLEADA® + ADT work together to lower androgens that can help fuel prostate cancer



I have difficulty swallowing pills whole, or I have a feeding tube

## FLEXIBLE ADMINISTRATION

ERLEADA® can be taken with or without food and has alternate methods for people with difficulty swallowing whole tablets or who have a feeding tube



I am concerned about side effects like fatigue or brain fog

## MOST COMMON SIDE EFFECTS

Feeling very tired, joint pain, rash, decreased appetite, fall, weight loss, high blood pressure, hot flash, diarrhea, and fracture



It's hard for me to keep track of all the pills I'm taking

## ONE PILL, ONCE A DAY

ERLEADA® is available in one 240 mg pill taken once a day

FOUR 60 MG TABLETS,\* ONCE DAILY

OR ONE 240 MG TABLET,\* ONCE DAILY



(\*17 mm x 9 mm)

(\*21 mm x 10 mm)

\*Tablets shown are not actual size.

## IMPORTANT SAFETY INFORMATION

Before taking ERLEADA®, tell your healthcare provider about all your medical conditions, including if you:

- have a history of heart disease
- have high blood pressure
- have diabetes
- have abnormal amounts of fat or cholesterol in your blood (dyslipidemia)
- have a history of seizures, brain injury, stroke, or brain tumors
- are pregnant or plan to become pregnant. ERLEADA® can cause harm to your unborn baby and loss of pregnancy (miscarriage).

# PERSONALIZED SUPPORT. FROM PEOPLE WHO CARE.

Starting and staying on track with a new medication can feel overwhelming. A Care Navigator is here to help with free personalized 1-on-1 support over the phone. When you sign up, your dedicated Care Navigator can help with:

- Paying for your medication
- Learning about your treatment
- Empowering support



## SCAN THE CODE TO LEARN MORE AND SIGN UP

You can also sign up by calling 844-628-1234,  
Monday through Friday from 8:30 AM to 8:30 PM ET.

## NOTES

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### IMPORTANT SAFETY INFORMATION (CONTINUED)

- have a partner who is pregnant or may become pregnant.
  - o Males who have female partners who are able to become pregnant should use effective birth control (contraception) during treatment and for 3 months after the last dose of ERLEADA<sup>®</sup>.
  - o Males should use a condom during sex with a pregnant female.Talk with your healthcare provider if you have questions about birth control.
- are breastfeeding or plan to breastfeed. It is not known if ERLEADA<sup>®</sup> passes into breast milk.

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- are breastfeeding or plan to breastfeed. It is not known if ERLEADA® passes into breast milk.

**Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ERLEADA® can interact with many other medicines.**

You should not start or stop any medicine before you talk with the healthcare provider that prescribed ERLEADA®.

Know the medicines you take. Keep a list of them with you to show to your healthcare provider and pharmacist when you get a new medicine.

## How should I take ERLEADA®?

- Take ERLEADA® exactly as your healthcare provider tells you.
- Do not stop taking your prescribed dose of ERLEADA® without talking with your healthcare provider first.
- Take your prescribed dose of ERLEADA® 1 time a day, at the same time each day.
- Take ERLEADA® with or without food.
- Swallow ERLEADA® tablets whole.
- If you miss a dose of ERLEADA®, take your normal dose as soon as possible on the same day. Return to your normal schedule on the following day. You should not take extra tablets to make up the missed dose.
- You should start or continue a gonadotropin-releasing hormone (GnRH) analog therapy during your treatment with ERLEADA® unless you have had a surgery to lower the amount of testosterone in your body (surgical castration).
- If you take too much ERLEADA®, call your healthcare provider or go to the nearest hospital emergency room.

## What are the possible side effects of ERLEADA®?

**ERLEADA® may cause serious side effects including:**

- **Heart Disease, Stroke, or Mini-Stroke.** Bleeding in the brain or blockage of the arteries in the heart or in part of the brain have happened in some people during treatment with ERLEADA® and can lead to death. Your healthcare provider will monitor you for signs and symptoms of heart or brain problems during your treatment with ERLEADA®. Call your healthcare provider or get medical help right away if you get:
  - chest pain or discomfort at rest or with activity
  - shortness of breath
  - numbness or weakness of the face, arm, or leg, especially on one side of the body
  - trouble talking or understanding
  - trouble seeing in one or both eyes
  - dizziness, loss of balance or coordination, or trouble walking
- **Fractures and Falls.** ERLEADA® treatment can cause bones and muscles to weaken and may increase your risk for falls and fractures. Falls and fractures have happened in people during treatment with ERLEADA®. Your healthcare provider will monitor your risks for falls and fractures during treatment with ERLEADA®.
- **Seizure.** Treatment with ERLEADA® may increase your risk of having a seizure. You should avoid activities where a sudden loss of consciousness could cause serious harm to yourself or others. Tell your healthcare provider right away if you have a loss of consciousness or seizure. Your healthcare provider will stop ERLEADA® if you have a seizure during treatment.
- **Severe skin reactions.** Treatment with ERLEADA® may cause severe skin reactions that can be life-threatening or may lead to death. Stop taking ERLEADA® and get medical help right away if you develop any of these signs or symptoms of a severe skin reaction:
  - fever or flu-like symptoms
  - swollen lymph nodes
  - blisters or sores in the mouth, throat, nose, eyes, or genital area
  - blistering or peeling of the skin

**The most common side effects of ERLEADA® include:**

- feeling very tired
- joint pain
- rash. Tell your healthcare provider if you get a rash
- decreased appetite
- fall
- weight loss
- high blood pressure
- hot flash
- diarrhea
- fracture

Your healthcare provider may reduce your dose, temporarily stop, or permanently stop treatment with ERLEADA® if you have certain side effects.

ERLEADA® may cause fertility problems in males, which may affect the ability to father children. Talk to your healthcare provider if you have concerns about fertility. **Do not** donate sperm during treatment with ERLEADA® and for 3 months after the last dose of ERLEADA®.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of ERLEADA®.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Please see accompanying full Prescribing Information for ERLEADA®.**